A Service of Communion Discerning the Body
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Share this introduction:

Disciples are called to be “a movement for wholeness in a fragmented world.” We can experience the tension between brokenness and wholeness at the Table where God gathers us together.

In First Corinthians, Paul scolds the members of the church for pretending to celebrate the Lord’s Supper while simultaneously perpetuating the inequality within their own community. He implies that while such injustice stands, the table they gathered at is not the Table of Christ. This approach to sharing the Lord’s Supper invites us remember the places of fragmentation in our world, while also celebrating the signs of wholeness, discerning the body in all its fullness.

Have someone read I Corinthians 11:23-29, while another prepares the bread and cup in concert with the reading.

Offer a prayer for the elements.

Share these instructions:

As you are offered the bread, you are asked to name a place of brokenness in the world that weighs on your heart, for the group’s blessing.
As you are offered the cup, you are asked to name a sign of hope for wholeness, or a way that you are committing to work for wholeness in the world.

Conclude by singing “Let There Be Peace on Earth” (Chalice Hymnal #677).